



The Morningstar

MONTHLY NEWSLETTER OF

EPIPHANY EVANGELICAL LUTHERAN CHURCH

20 Old Kingston Road, Scarborough, Ontario M1E 3J5

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Pastor Rasma Caune • 647-382-5093 • epiphluth@bellnet.ca

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Submissions due 15th of the month

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Do we really know what we are doing at each moment of the day...

or does the day pass so quickly that we do not accomplish what we had originally set forth to finish? Sometimes this is due to our lack of focus, or the inability to limit our priorities. Other times we become so overwhelmed with what needs to be done that nothing gets done, because we don't know where to start. Yet, for many who struggle with depression, anxiety, anger, panic, or addictions, they are taught to be mindful of each moment. Before taking the next drink, the alcoholic steps back, breathes deeply in order to resist for the sake of sobriety. The one suffering from eating disorders may take the moment to pass by the fast food restaurant, being mindful of the feeling of discomfort he/she feels from binging. The drug addict becomes aware in that moment that if he shoots up again, he will not remember what life could be like if he didn't. The anxiety ridden person learns to breathe slowly to settle the heart beat, and reevaluate what is bringing on the panic attack.

Some might say that mindfulness training is a catchword of the day, and choose to ignore it, claiming there is no time for it. However, mindfulness helps us to be in the present, in the moment without looking backward or forward. It is a state of being – being aware of self, situation, surroundings. It is a

moment in which one can truly begin to relax and experience life from a different perspective.

“What are human beings that you are mindful of them, or mortals, that you care for them?...you made them rulers over the works of your hands” (Ps. 8:4-8 or Heb. 2:6-8)

Here the reference is about God and angels caring for mortals; for human beings, it's reminding us that we have been given the charge to care for God's creation. It is also a reminder that God is present in each moment of our lives. God is mindful of us and for us. If only we could be as mindful of his presence in each moment of our day! In Psalm 111:5 God is ever mindful of his covenant, and yet his people turn their backs and become busy with unimportant things. If only we were able to take a few deep breaths, sit or stand still for a moment at a time, perhaps our anxiety would melt away; perhaps our anger would dissipate, and even in traffic we would remain calm; perhaps the stress of the day would disappear and we could focus on the task at hand – one after the other, rather than being overwhelmed. Perhaps with the realization that God is there in the present moment, we might learn to be grateful, worry-free, and feel loved.

If God can be mindful of us, might we not take a moment in our day to be mindful of God's presence? Would anything change? We might be more efficient at what we do. We might be calmer – able to refocus. We might, at the end of the day be able to say, “Thanks be to God!”

Pastor Rasma

KUDOS

Thanks to Fred Kilian and Robert Jesswein for the extensive roof repairs; the worship leaders for stepping in while pastor was on vacation; to Nancy Kostroman and Sigrid Engler and Ava Albanese for helping to paint the narthex and cloakroom; to all who participated in making our Summerfest and Annual Picnic a great success: actors, musicians, cooks, bakers and servers. A special thanks to Margaret Crewe for her ability to step in with little notice so that our singing sounds better with her playing. We are truly blessed with willing people, giving of their time and energy to make Epiphany such a special place to be.

Decorating for Thanksgiving

We thank God for the bounty He gives us and welcome your contributions of fruit, vegetables or flowers to help decorate the altar for Thanksgiving.

Please bring your gift to the church at 10am on Saturday, October 7th. Any questions, kindly contact Ute at 416-439-7996. Thank you!

Ute Wentzel



October is Reformation Month and as a result there are inexhaustible events in which to be a part.



SATURDAY OCTOBER 14

The same weekend as our Applefest (2-4pm) one could opt to attend the following:

The International Reformation Symposium

in conjunction with the Delkina Conference taking place on **October 14, 2017 from 8:45-4:15pm** at First Lutheran Church, 116 Bond Street, Toronto. Registration is at 8am. The cost of \$75.00 includes lunch and the reception to follow. There are three speakers: Dr. David Pfrimmer (WLS) – “Martin Luther’s Contribution to Public Ethics today;” Dr. Deanna Thompson (Hamline U, St. Paul, USA) – “Luther’s Legacy: The Wild Space of Christian Freedom;” Dr. Volker Leppin (U of Tübingen, Germany) – “Were Peasants Wrong? Christian Freedom and Social Liberty.” U of Tübingen, Germany

In the Evening:

A concert of Bach Reformation Cantatas

– Theatre of Early Music at St. George’s Lutheran Church, 410 College St. at **7pm**. Cantatas BWV *Ein feste Burg ist unser Gott* and BWV *Gott der Herr ist Sohn und Schild* will be performed with guest conductor Jeanne Lamon;

Ellen McAteer and Agnes Zsigovics, Sopranos; Gena Van Oosten, Mezzo-soprano; Daniel Taylor, Countertenor; Owen McCausland, Tenor and Daniel Lichti, Baritone. Tickets \$40, \$30 (65+)

and \$20 (students) at the Royal Conservatory of Music Box Office: 416-408-0208 or rcmusic.com/tickets/seats/56601.

The Oktoberfest dinner-dance at the Lorelei Club

in Oshawa (389 Dean Avenue LIH 3E1) is one of the events of the GTA-East and is hosted by Faith Oshawa. Cocktail hour begins at **6pm**, followed by **dinner at 6:30**, followed by the dance. Cash Bar will be provided.

SUNDAY OCTOBER 15

There will be a joint service of worship to end the Delkina conference of all churches where German services are offered. It will be a bilingual service with a joint choir and Bishop Michael Pryse preaching. This will take place at Martin Luther Lutheran Church, 2379 Lake Shore Blvd. West, M8V 1B7. If you are interested in being a part of the joint choir, rehearsals will be held on Tuesday October 3rd and 10th at 6pm and Sunday October 15th at 10am. Please contact Linda Marcinkus at 416-255-2612 if you are interested in joining the choir for this

occasion. The thought is that this will be the only service of worship held on this day and that all German speaking congregations attend this service. However, we will offer a joint service at 9am at Epiphany for those unable to attend the service at Martin Luther.

Luther Fest 500 with Michael Coren in Kitchener – see bulletin board for more details.

SATURDAY, OCTOBER 21

Waterloo Lutheran Seminary Women’s Auxiliary Annual Meeting with a guest speaker speaking about Women of the Reformation. Registration at 9:30am. The day concludes at 1pm with lunch. Cost \$22 includes meal. If anyone is interested in going, please speak to the pastor.

REFORMATION SUNDAY, OCTOBER 29

This day we have the opportunity to join all of the GTA East congregations for a joint service at Peace Lutheran Church in Pickering (Liverpool Road just south of Bayly) at 11am. There will be a hymn sing as people are arriving beginning at 10:30am. The guest preacher will be Dr. Rev. Allan Jorgensen, professor of Systematic Theology and Reformation History. There will be a potluck of desserts and finger food so decide what you will bring. Thanks!

Pastor Rasma

All are welcome to the Epiphany Lutheran Women’s

APPLEFEST

for Homemade Apple Baking with Ice Cream and Beverage

SATURDAY OCTOBER 14, 2017 • 2-4 PM (Saturday after Thanksgiving)

We expect to have fresh picked apples available to our volunteer bakers October 1st and 8th. Welcoming your baking contribution, whether it’s apple cake, pie, strudel or streusel... Thank you!

*FaithLife Financial will provide a matching grant for this event.



Property Committee News

During the heat wave of September Robert Jesswein, friend of Epiphany and Fred Kilian, Property Committee Chair collected and assembled scaffolding, removed the roof debris and hauled it to the dump, purchased all roofing supplies, thanks to Home Depot, Eglinton Avenue for their 10% discount, reinforced and applied new insulation, painted the flashing and finally applied new shingles. Best of all they tore down the scaffolding and returned it for the deposit.

This repaired/renovated roof over the sanctuary should give us protection from the elements for the foreseeable future. We thank AMMS and the congregation for their consideration during this time of construction at the Church and to the Epiphany Church Women for their financial support of this project. Finally Epiphany owes to Robert and Fred a debt of gratitude not only for a job well done but also for their efforts to save the congregation as much money as possible.

Please stay tuned for info on upcoming projects which will include replacing the lighting fixtures in the Fellowship Hall/AMMS room and Church kitchen.



I have held many things in my hands, and I have lost them all; but whatever I have placed in God's hands, that I still possess.

— MARTIN LUTHER

Church Caretaking Update

The Property Committee would like to clarify the Church Caretaker cost situation. This position costs the congregation approximately \$100 per month. We are asking members of the congregation to consider making a one-time special donation of \$100 to help Epiphany cover this expense. Twelve people donating \$100 would cover the cost of the caretaker for one year. We had difficulty recruiting congregational volunteers for this job and that is why it has returned to a paid position. Thank you.

Fred Kilian

Die Blätter fallen,
Fallen wie von weit –
Als welken in den Himmeln
Fern die Gärten –
Sie fallen mit verneinender Gebärde...



Und doch
Ist einer, welcher dieses Fallen unendlich sanft in seinen Händen hält.

— Rainer Maria Rilke

We congratulate Dorothea Cameron, who wished to contribute this Autumn poem to the Morningstar on her 80th birthday.



The leaves are falling,
Falling as though from afar –
As if our gardens wilted in the heavens above –
They fall, posing negativity... and yet
There is One who holds this falling gently and unendingly in His hands.

— Freely translated by *trebron*

If you wish to provide flowers for the altar,
please let the Altar Guild member
for that Sunday know.



ALTAR GUILD

1st Sunday of the Month
Ute Wentzel • 416-439-7996

2nd Sunday of the Month
Josie Tedes • 416-283-0895

3rd Sunday of the Month
Paulette Correia • 416-414-4497

4th Sunday of the Month
Hildegard Kinder • 416-283-1836

5th Sunday of the Month
Erika Haebe • 416-266-8660

EPIPHANY COUNCIL

GREG FURAN – Council Chair
416-284-5622 / gfulan@sympatico.ca

SIGRID ENGLER – Vice Chair and ELW
416-283-8536 / sigengler@gmail.com

**FRED KILIAN – Property, AMMS
and Spiritual Society**
416-267-5300 / kilianlf@gmail.com

GEOFF CREWE – Finance and Stewardship
416-267-3383 / geoff.crewe@gcrewe.com

RON HEINO – Worship and Music
416-284-0716 / heino@rogers.com

**DENISE DENNIS – Mutual Ministry
and Membership Subcommittee**
416-264-4091 / denise.dennis@outlook.com

PAULETTE CORREIA – Outreach & Altar Guild
416-414-4497 / polly222001@yahoo.ca

**PASTOR RASMA CAUNE –
Education and Reformation**
647-382-5093 / rasmac@sympatico.ca

Our Seniors

We seniors had our first 'fall meeting' at which time we did not know that the summer was still just around the corner. We had an interesting presentation by Gabriele from the Moll Berczy Haus which is the only German speaking old age home in the GTA. The seniors asked many questions which were satisfactorily answered by Gabriele. The afternoon ended with our usual coffee and cake donated by our ladies.

Our next meeting will be on the 3rd of October at the usual time. Please come all!

Wilhelm Wittemeier

Friendly Reminders

PERSONAL INFORMATION – PASTORAL VISITS: If you or a family member becomes hospitalized and wishes to receive a pastoral visit; you are required to contact the Pastor directly. Due to the Privacy Act, this information cannot be obtained by pastor at the hospitals, nor can they act upon information from other sources.

You can call Pastor Rasma at 647-382-5093 or email her at epiphluth@bellnet.ca

SCENT-FREE SERVICES: Please be considerate of those with allergies and refrain from wearing scented products to church. Thank you!

TREASURER'S REPORT

AUGUST 2017	RECEIVED	SPENT	SURPLUS(DEFICIT)
CURRENT	\$3,689.75	\$11,452.11	
CHANGE IN INVESTMENT ACCT	0.00		
BENEVOLENCE	1,334.00	1,334.00	
AMMS RENTAL INCOME	2,575.00		
AMMS PARSONAGE UTILITIES	994.08		
AMMS FELLOWSHIP HALL UTILITIES	77.83		
FUNERAL	400.00		
MEMORIAL - L. ZADERSONS	110.00		
CURRENT MONTH TOTALS	\$9,180.66	\$12,786.11	(\$3,605.45)
YEAR TO DATE TOTALS	\$105,790.50	\$95,179.95	\$10,610.55

Yours in Christ, Nalini Badley, Treasurer



2017 Advent Bazaar

SATURDAY DECEMBER 2 • 1-3PM

Visit the **Craft Table** for lovingly handmade items or find something special at the **Holiday White Elephant Table**. Enjoy a hot cup of coffee or tea with homemade European-style baking from the **Bake Table** or have it wrapped to go.

Enter the **Raffle** to win wonderful prizes! The grand prize – Gingerbread World, Lebkuchen Schmidt 2017 Festive Chest! Plus a variety of great Gift Certificates, Gift Baskets and beautiful handmade crochet tablecloth!

Raffle Tickets – \$2 each / 3 for \$5 / Book of 15 for \$20



*FaithLife Financial will provide a matching grant for this event.



**October Church Women's meeting
Tuesday October 10th,
10-11:30am**

Please join us, hope to see you!

Thanks to the support of the congregation, we enjoyed a super turnout at our NEW 2nd Tuesday morning of the month meeting in September. Plans for Applefest and the Advent Bazaar as well as travelogues for Korea and Sicily were discussed. **It was decided to start the October meeting with a meet and greet morning "coffee-break" gathering at 10am with the program starting between 10:15-10:30. Coffee and tea will be provided but we ask for donations of "goodies". Please let us know if you require transportation to the meetings and we will arrange carpooling for you.**

The Church women thank all of you for your baking contribution to our previous Applefest socials. The members and friends of the congregation appreciate and look forward to these afternoon socials, a true European tradition. What would they be without the baking!! Revenue realized from these events go towards some of the Church capital projects, with the building now 50+ years old, things require repair or replacement. With the Thanksgiving holiday weekend approaching, we ask if you might consider baking extra to include an apple-themed contribution to Epiphany's 2017 Applefest social. **You may deliver baking to the church throughout Friday October 13th or after 10am on Saturday October 14th.**

We expect to have freshly picked apples available October 1st and 8th for your baking. These are provided by Terri Werner, the "Apple Lady." I hope she will also come to our Applefest, offering fresh picked apples from her Brighton farm, after her regular Saturday stint at the Montmartre Bakery. Unfortunately, there is NO German Prune Plum harvest from her farm in Beamsville this year, and the Brighton farm will soon be sold.

Donation letters for Bazaar Raffle prizes are available NOW; we are happy to announce that for the raffle Trudy Walker is offering one of her beautiful crocheted tablecloths and Gingerbread World, a 2017 Festive Chest. Raffle tickets and Bazaar flyers will be available at the October meeting. Please check through your Christmas holiday decorations and donate those no longer wanted to our popular "Holiday White Elephant" area, as well as any other seasonal or "re-gifted" items. Now is the time to clear through your closets and cabinets for never opened or never/hardly used items and bring them to the Church for the Bazaar table. Last minute Bazaar details will be fine-tuned at the November 14th meeting.

The Church Women encourage you to support our efforts, bake for us and to invite your family and friends to our events. We look forward to seeing you and your friends at the Applefest. Thank you!
Lilli Kilian • 416-267-5300 • kilianlf@gmail.com

JOYFUL GENEROSITY THOUGHT: *The ultimate test of a moral society is the kind of world that it leaves to its children.*

— DIETRICH BONHOEFFER (1906-1945) GERMAN LUTHERAN PASTOR, THEOLOGIAN

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October 2017

I have held many things in my hands, and I have lost them all; but whatever I have placed in God's hands, that I still possess. — MARTIN LUTHER



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 17th Sunday after Pentecost <small>GREEN</small> 9:15 AM German Hymn sing service followed by the "On the Trail of Martin Luther" presentation and slide show at 10:15 AM, followed by the English hymn sing service	2	3 1:30 PM — German Seniors	4 Pastor at clergy appreciation breakfast at McEachnie Funeral Home followed by regular office hours	5	6 10-11:30 AM — Bible Class	7
8 Thanksgiving Sunday <small>GREEN</small> 9 AM Thanksgiving Day Communion Service with Pastor Peter Lisinki. (Pastor is at the LELBA Synod (Latvian) in Niagara Falls on Saturday & Sunday, but can be reached on her cell 647-382-5093)	9 THANKSGIVING DAY	10 10-11:30 AM — Church Women (ELW)	11 12 Delkina Conference, October 10-15. Pastor at the Delkina Conference at both Niagara Falls and at First Lutheran on Bond Street.		13	14 2-4 PM Applefest Social
15 19th Sunday after Pentecost <small>GREEN</small> 9 AM Joint Communion Service Joint bilingual service with all of the German speaking congregations at Martin Luther Lutheran Church at 11AM	16	17	18 11AM -2 PM Church Office	19 7:15 PM — Council Meeting	20 10-11:30 AM — Bible Class	21
22 20th Sunday after Pentecost <small>GREEN</small> 9 AM German Communion Service 10:30 AM English Worship Service	23 Pastor at Moll Berczy Haus leading worship 1 PM — Craft Circle	24	25 11AM -2 PM Church Office	26	27 Collate Morningstar	28
29 Reformation Sunday <small>RED</small> 9 AM Joint Communion Service Joint GTA East Reformation service at 11AM at Peace Lutheran in Pickering preceded by a hymn sing	30 6-7 PM — AMMS October Trunk o treat in parking lot	31				