

The Morningstar

MONTHLY NEWSLETTER OF

EPIPHANY EVANGELICAL LUTHERAN CHURCH

20 Old Kingston Road, Scarborough, Ontario M1E 3J5 416-284-5922 • www.epiphanylutheranchurch.ca Pastor Rasma Caune • 647-382-5093 • epiphluth@bellnet.ca NO. 596 • MAY 2018

Submissions due 15th of the month Layout: Sigi Sommer 416-264-9929 sigisommer@rogers.com

came across "Forty Questions Our Lean-to God Asks" in my files and thought that I might select one each month as inspiration for my devotion.

So, if God were to ask you, "Will you unburden your heart to me?" how would you respond?

We so often hear the text from Matthew 11:28, where Jesus says, "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest." Do we listen? Do we trust ourselves enough to come before God to unburden our hearts? We do it on Sundays when we confess our sins, but I really think that this can go beyond confession. This is an opportunity to bring our concerns before God, in prayer or simple conversation. For some, this may be guilt one is carrying; for another, it may be concerns for a loved one, or wanting some guidance as to how to mend a broken relationship. Another might need help in decision-making and doesn't want to hear another person offering up the pros and cons.

We sometimes don't even realise just how harmful to our mental and physical health it is to carry our burden ourselves. Sometimes these burdens manifest themselves in head-aches, a pit in one's stomach, or loss of appetite; or the opposite, with emotional eating, or sleepless nights. We want so much to be independent and in control of our lives that we push others away, and do not dare to enter into a conversation with God, perhaps for fear of being judged.

However, if God is asking you the question, is he not inviting you in

"WILL YOU UNBURDEN YOUR HEART TO ME?"



for a good sit-down conversation, a moment when you can entrust to God your concerns and fears, and all of those things weighing heavily on your heart? There comes a time when we need to share our grief of things lost or changed, of persons who have died, who were near to us. Sometimes it is just some guidance that we need in how we may confront a person, who has hurt us, so that we may move beyond the hurt to a place of reconciliation. So, how might your response to God's question sound? It might be:

I come to you for healing, Lord, or My mind is sick with worry for a parent, a child, a friend, or

My heart weeps for those affected by the tragedies of careless drivers, of violence in our streets and in homes, or

My stomach is in knots because I cannot come to a major life-changing decision, or

I am afraid to ask for help, or

I don't want you or anyone else to see me as weak, as troubled, as dependant, or

I'm so tired of carrying these burdens, which are weighing heavily upon my shoulders, and are slowing down my pace as I shuffle along without direction.

Lord, how can I accept your invitation, when I feel so unworthy of

your forgiveness, love, and mercy? And yet, I so need to trust in you to reach out your hand when I am feeling burdened under too much work, or being overwhelmed with the responsibilities each new day presents. My heart is bursting with desire for you, yet I hesitate. Why? Am I afraid to hear your response? Am I just too stubborn to ask for your guidance?

There are just too many decisions needing to be made, and too many voices giving different perspectives. I just need time for you, Lord. I just need to come to you and indeed, let you help carry the yoke, so that the load is lighter, that my step becomes easier, so that my voice exudes the joy and delight again that can only come from faith in you. Maybe that is what it's all about—having enough faith to trust in your invitation, Lord, and not to fear your response as I open the burdens of my heart to you.

Pastor Rasma



Changes to Membership

THROUGH TRANSFER:

We welcome **Margaret Fler** into membership. May she find that our congregation is hospitable and she find a place here to become involved.

THROUGH DEATH:

Alfred Lange

June 23, 1931-February 22, 2018
Funeral and Interment February 27, 2018
at Pine Hills Cemetery Centre

Elvira (Ella) Trantau
March 17, 1927-April 7, 2018
Funeral at McEachnie Funeral Home
April 11, 2018
Interment at Erskine Cemetery



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Vacation

May 28th to June 3rd Pastor is on vacation. During her absence you may contact either Pastor Peter Lisinski at 905-424-7649 or Pastor Katharina Moeller 905-277-2631 for pastoral needs.

On June 3rd Pastor Peter Lisinski will lead both German and English services.

Holy Communion Sundays

Beginning in June we will have Holy Communion for both German and English services on the same Sunday. This helps those who volunteer for our altar guild. Many thanks to Helen Heard, for her faithful years of service as she retires from that position.



Our last meeting took place on April 3rd and as mentioned in the last Morningstar, Mr. Gary Anandasangaree, the MP for Highland Creek

was our guest speaker. We all had a lively discussion about politics concerning our neighbourhood and country. It was a good turnout, but we would have liked to see more people from the congregation. The ladies' cakes and coffee was much appreciated by all present.

Our next meeting will be held on May 1st, start time as usual at 1:30 pm. We will celebrate the month of May and Springtime, and plans for our annual spring picnic will be finalized. Hope to see you all.

Ute Wentzel



THE MORNINGSTAR • MAY 2018



ELW May 2018 meeting is cancelled. Next ELW meeting happening in June!

Dear friends, it is with regret that I must notify you that the May meeting is cancelled because of scheduling commitments.

We have a guest coming to talk and share with us a collection and perhaps you might be able to share her collection also. How many of you have a spare jar that houses loose buttons? Perhaps you have a treasure in that jar! Our guest speaker will come and join us at a future meeting.

Please also let us know of your community happenings. Quite often local schools or groups (e.g. Scarborough Horticultural Society) put on plays, concerts, bus trips and other events. Time to enjoy what is being offered in your neighbourhood. No need to travel into the city to enjoy a social outing.

Please set aside Saturday June 16th of the Father's Day weekend to come to our Springtime Strawberry Social. Flyers are available to distribute to friends and neighbours.

Also, while clearing through the garage or garden shed, be on the lookout for some games and activities that you could bring to church for the July Summerfest.

I am sorry to cancel the May meeting and we look forward to our next gathering.

Best regards, Lilli, 416-267-5300



EPIPHANY COUNCIL 2018 - 2019 AGM Council Chair — Vacant — Council Vice Chair. Sigrid Engler, 416-283-8536 Bethel Ministries Ligison. sigengler@gmail.com ELW Liaison, Envelope Secretary **Education Committee Chair** Pastor Rasma Caune, 647-382-5093 rasmac@sympatico.ca Finance Committee Chair Geoff Crewe, 416-267-3383 and Stewardship geoff.crewe@gcrewe.com Committee Chair Property Committee Chair, Fred Kilian, 416-267-5300 AMMS Liaison and kilianlf@gmail.com Spiritual Society Liaison Refugee Committee Chair Denise Dennis, 416-264-4091 and Mutual Ministry Liaison denise.dennis@outlook.com Council Member Pat Bramley, 416-284-5622 and Secretary pebramley@gmail.com Outreach Committee Liaison Paulette Correia, 416-414-4497 polly222001@yahoo.ca Worship and Music Liaison Ron Heino, 416-284-0716 heino@rogers.com **Advertising Coordinator** Nalini Badley, 416-281-3162

If you wish to provide flowers for the altar, please let the Altar Guild member for that Sunday know.

nbadley@sympatico.ca

ALTAR GUILD

Ist Sunday of the Month Ute Wentzel • 416-439-7996

2nd Sunday of the Month Josie Tedes • 416-283-0895

3rd Sunday of the Month Paulette Correia • 416-414-4497

4th Sunday of the Month

Hildegard Kinder • 416-283-1836

5th Sunday of the Month Erika Haebe • 416-266-8660

MARCH 2018	RECEIVED	Spent	Surplus (Defici
CURRENT	\$6,421.01	\$11,480.05	
BENEVOLENCE	1,371.45	1,371.45	
AMMS RENTAL INCOME	3,775.00		
AMMS Parsonage Utilities	3,832.99		
AMMS Parsonage Insurance	655.20		
AMMS FELLOWSHIP HALL UTILITIES	1,155.15		
AMMS DONATION TO FH LIGHTS	300.00		
AMMS SANCTUARY RENTAL	100.00		
BETHEL RENT	300.00		
INITIAL OFFERING ENVELOPE	25.00		
CURRENT MONTH TOTALS	\$17,935.80	\$12,851.50	\$5,084.30
YEAR TO DATE TOTALS	\$41,573.32	\$38,797.85	\$2,775.47

THE MORNINGSTAR • MAY 2018

May 2018

PLEASE NOTE: Sundays at 1:30 PM — Bethel Holiness Pentecostal Apostolic Ministries will hold their worship services in Epiphany's Sanctuary.

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<u>⊹</u>	=	1.8 10-11:30 AM — Bible Class	25	June 1 10-11:30 AM — Bible Class
3	3:30 -4:45 PM	17 7:15 PM —Council Meeting	24	31 and time, er 905-272-2631
2 11 AM -2 PM Church Office	9 11am -2 pm Church Office	16 7:30 -10 am —AMMS in Quiet Room 11am -2 pm Church Office	23 11am -2 pm Church Office	30 or pastoral needs during th
1:30 PM — German Seniors	8 9:30 -10:30 _{AM} —AMMS in Sanctuary ELW Meeting for May Cancelled	15 7:30 -10 _{AM} —AMMS in Quiet Room	22	Craft Circle Pastor Rasma is on vacation from May 28-June 3. For pastoral needs during that time,
Finding Re place L. — MEISTER ECKHART	7	14 1 pm —Craft Circle	21 VICTORIA DAY	28 1 PM —Craft Circle Pastor Rasma is on vaca
Our best chance of God is to look in the where we left him	6 6th Sunday of Easter VMHITE 9 AM German Worship Service 10:30 AM English Communion Service	13 7th Sunday of Easter WHITE 9 AM German Communion Service 10:30 AM English Worship Service	20 Day of Pentecost RED 10 AM Joint Communion Service	27 The Holy Trinity WHITE 9 AM German Communion Service 10:30 AM English Worship Service